



MEDIAKIM

BRAND STRATEGY

# Colour, Type and Trust: The Quiet Psychology of a Brand

Before anyone reads a word, your colours and typefaces have already spoken. Here is what they are saying — and how to make them say the right thing.

● **A MEDIAKIM INSIGHTS RESOURCE PACK**

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Design speaks before language does. By the time a visitor reaches your headline, your colours and typefaces have already set the tone — calm or frantic, premium or cheap, serious or playful. Most businesses leave that conversation to chance. The best ones direct it.

## Colour is emotional shorthand

Colour is the fastest way a brand transmits a feeling. Blues lean trustworthy and stable; greens speak of growth and calm; warm oranges and reds carry energy and urgency; black and deep neutrals signal premium and serious. None of these are rules carved in stone — context and culture matter — but the effect is real and immediate.

**80%**

the lift in brand recognition a signature colour can deliver when used consistently.

SOURCE: WIDELY CITED COLOUR-BRANDING RESEARCH

The power is not in any single colour; it is in choosing a small palette and committing to it. A colour only becomes yours through repetition. Used once, it is decoration. Used everywhere, it becomes recognition.

## Type sets the voice

If colour is the mood, typography is the accent. A clean geometric sans feels modern and efficient; a serif feels established and considered; a heavy display face feels bold and confident. Type also does quiet, practical work: hierarchy and spacing guide the eye, and good readability is itself a signal of respect for the reader.

- Pick a small system: one or two typefaces, a clear hierarchy of sizes and weights.
- Prioritise readability — clever fonts that fight the reader cost you trust.
- Let white space breathe; crowding reads as anxiety.
- Pair type and colour intentionally so the mood and the voice agree.

## Consistency turns choices into an asset

A palette and a typeface only become a brand when they are applied the same way across your website, profile, social posts and documents. That is the difference between having nice colours and owning a recognisable identity. The choices are creative; the value is in the discipline.

### THE MEDIAKIM VIEW

We choose colour and type as a system, with the reasons written down — what each does, where it goes, how it behaves — so the psychology works for you automatically, on every future touchpoint, without a designer in the room each time.

## The bottom line

Your colours and typefaces are talking to every visitor before your copy gets a turn. Decide what you want them to say, choose a small palette and a clear type system, and then use them relentlessly. Quiet psychology, applied consistently, builds loud recognition.

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## **Sources**

- Widely cited colour-and-recognition research.
- Established principles of typographic hierarchy and readability.

TAKE YOUR BRAND TO THE NEXT LEVEL

## Want this done properly?

You can absolutely build on this yourself — that's why we wrote it. But if you'd rather have your brand, website and profile built as one considered system, that's exactly what we do. No obligation — just a conversation.

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